

Brighton Boys Cross Country Program Philosophy

The Brighton Cross Country Program will personify these principles and all they entail.

Character

Developing character is the single most important aspect of interscholastic athletics. Student athletes will appreciate hard work, and discipline. They will persevere through adversity. They will develop and maintain positive attitudes and conduct themselves with class. They will epitomize sportsmanship.

Camaraderie

Student athletes will be great teammates. They will support, encourage, and push one another to be the best they can be. Every individual's success will be celebrated with the understanding that the individual success is secondary to the team's goals. The relationships they build will last well beyond their high school years.

Competition

Nothing is ever handed to you in the real world. Student athletes will embrace competition. They will perform their best in pressure situations. They will be filled with pride knowing they gave all they had and never shied away from competition.

Commitment

Student athletes will commit to the team. They will mentally and physically dedicate themselves to our goals. They will make individual sacrifices knowing they are strengthening our team.

Committed to developing young men of character who relentlessly strive for
excellence on and off the course.